

# Design Your Own Collegial Exchange



Explore three cities:  
Moscow, Novgorod and  
St Petersburg during your unique  
visit to Russia. These cities provide  
a rich context for your professional,  
educational and cultural exchange  
activities with the Russian people.

*Nursing Deans, Faculty and Clinicians have a unique opportunity to create a cross-cultural nursing experience for colleagues, students and alumni. This wonderful cultural experience is also attractive to family and friends of participants.*

**Design your individualized educational experience and schedule to meet your needs:**

*Educational experience options you can choose from are:*

*Collegial Information Exchange  
Cultural Exchange  
Site Visits*

## **Collegial Information Exchange**

*Opportunities include:*

**Round Table Discussions**—Structured discussions of American and Russian colleagues on topics selected by you or the group leader to be tailored to your interest and those of your colleagues.

**Joint Seminars**—Joint presentations by Russian and American colleagues on selected topics with time for questions and answers.

**Possible topics:**

- Health Care Issues in the US and Russia
- Nursing leadership in the US and Russia
- Nurse/Physician Relationships
- Nursing Roles in the US and Russia
- Nursing Curriculums in the US and Russia
- Other topics based on your interest

## **Cultural Exchange**

You can choose to be hosted by a Russian family for a meal and conversation. Sharing a meal and evening with a Russian family in their home provides a way for 1 or 2 persons from the US to have a more informal time to compare and contrast lifestyles and approaches to work and health care.

**Spouses and  
non-nurse  
friends are  
welcome!**

## **Site Visits to Clinical and/or an Educational Institute**

*Opportunities include:*

**Clinical Sites**

General Hospital—Polyclinic  
Hospice  
Children's Rehabilitation Center  
Mental Health Center  
Retirement Home  
Orphanage  
High School

Clinical site visits include meeting with nursing staff to discuss the role of the nurse and patient care approaches.

**Educational Institute**

Novgorod State University Medical Institute  
Nursing Department  
Novgorod Nursing College

Educational Institute site visits includes meeting with faculty and discussions on educational topics of initial nurse preparation and/or specialized focus such as midwifery preparation.



*Hospice, St Petersburg*

**Design your own nursing curriculum!**